



Hodes, Pessin & Katz, P.A. (HPK) and Glass Jacobson  
*Present*

# PROTECT YOURSELF SEMINAR

*a free seminar for women to help women protect themselves, their families, and their businesses*

**SATURDAY, FEBRUARY 5<sup>TH</sup>, 2011**

9:00 a.m. to noon

HPK's Towson Office

901 Dulaney Valley Rd., Suite 400

Towson, Maryland 21204

*(next to Sheraton with plenty of free parking)*

Join HPK Attorneys, Helen M. Smith, Kimberly L. Battaglia, Lauren B. Ades and Robin M. Korte, Glass Jacobson Certified Public Accountant, Tammy S.J. Schneider and Glass Jacobson Certified Public Accountant and Long Term Care Professional Christine R. Schmitz, Nutritionist Elise Rubenstein, Primary Care Physician Julie Colodonato and Krav Maga Maryland Chief Instructor Jeff Mount, to learn how to protect yourself, your family and your business.

## AGENDA

**9:00 a.m. – 9:15 a.m. Coffee, Tea and Greetings**

**9:15 a.m. – 10:15 a.m. SESSION 1 (attend 1 of 2 sessions offered)**

- **HOW TO PROTECT YOURSELF FINANCIALLY and LEGALLY OR**
- **HOW TO PROTECT YOUR BUSINESS FINANCIALLY and LEGALLY**

**10:15a.m. – 10:30 a.m. Break**

**10:30 a.m. – 11:30 a.m. SESSION 2 (attend 1 of 2 sessions offered)**

- **SELF DEFENSE ADVICE AND TECHNIQUES OR**
- **NUTRITION AND MEDICAL ADVICE**

**11:30 a.m. – Noon Meet the Presenters**

This seminar is free, but registration is required. To register, contact Erin Covell at 410.938.8800 or at [ecovell@hpklegal.com](mailto:ecovell@hpklegal.com). Please let Erin know which sessions you would like to attend.

**PLEASE REGISTER EARLY, SPACE IS LIMITED**